

CHOOSE **FUNCTION** OVER FUSION



WHO IS THE ACCU-JOINT™ FOR?

The Accu-Joint™ is a medical device for the treatment of painful arthritic greater and lesser toe joints of the foot. The system has been developed to help maintain normal function and reduce pain. Its purpose is to replicate the normal motion of your joint. The Accu-Joint™ is specifically designed to remove the damaged cartilage and replace it with a minimally invasive titanium implant designed to maximize motion.

CAN I USE THE ACCU-JOINT™ IF I HAVE ALREADY HAD A JOINT FUSION?

This may be possible in selected cases of fusion that did not require a bone graft.

WHAT IS AN MTP JOINT DISORDER?

The Metatarsal Phalangeal (MTP) Joints are the joints where the foot meets the toes. MTP disorders are defined as a joint deformity or bone disease that results in an arthritic joint after a period of time. These disorders are often painful and make it difficult to put weight on your toes and move your joints.

WHAT ARE THE BENEFITS OF THE ACCU-JOINT™?

- It is designed to replace the cartilage in your joint so that the natural movement of your toe is preserved as opposed to having a fusion, which eliminates the ability of your toe to bend.
- The Accu-Joint™ implant is intended to utilize the hard bone of your toe to support normal weight bearing. This is important because, particularly during exercise, the weight of the body placed on your toes can double or even triple.
- The procedure is straightforward, usually takes less than an hour and patients are expected to begin putting weight on their foot soon after surgery.

WILL I RETAIN MOTION OF MY MTP JOINT AFTER THE ACCU-JOINT™ PROCEDURE?

The Accu-Joint™ has been developed to improve the ability of your toes to bend and move so that you can put weight on your foot and achieve an acceptable quality of life.

WHY HAVE I NOT BEEN OFFERED THE ACCU-JOINT™ BEFORE?

The Accu-Joint™ was approved by the FDA only recently, so it has not been available until now.

HOW IS THE ACCU-JOINT™ DIFFERENT FROM A TRADITIONAL BONE FUSION?

The Accu-Joint™ is designed to restore and preserve normal joint function and eliminate the pain, allowing normal everyday activity and quality of life. A joint fusion typically only eliminates joint pain and the result is the inability for the toe to bend in a normal fashion.



HOW LONG IS THE RECOVERY FROM THE ACCU-JOINT™ PROCEDURE?

The procedure allows immediate weight bearing after surgery. The recovery period is typically about 4-5 weeks.

WHEN CAN I DRIVE AFTER THE ACCU-JOINT™ PROCEDURE?

Driving is allowed after 4-5 weeks of healing, if it involves the right foot. If it is the left foot, driving is allowed during the entire 5 week course of healing.

HOW MUCH TIME WILL I HAVE TO TAKE OFF WORK TO RECOVER FROM THE ACCU-JOINT™ PROCEDURE?

Typically 5 weeks if your career involves being on your feet actively. If your career is at a desk you can return in 3 days.

WHAT TYPE OF METAL ARE THE ACCU-JOINT™ IMPLANTS MADE FROM?

Surgical grade titanium, the least reactive and strongest metal used in surgery today.

TELL ME MORE ABOUT THE ACCU-JOINT™ SURGERY. WHAT SHOULD I EXPECT?

The procedure is completed as an out-patient surgery with anesthesia. The surgery usually takes under an hour and your foot will be bandaged after the procedure. You will want to focus on elevation and limited activity for the next few days. Your surgeon may allow weight bearing in a special surgical shoe. As always, follow your surgeon's specific instructions.

CAN I HAVE BOTH FEET OPERATED ON AT ONE TIME?

This is possible in some cases but not all, depending on age, health and physical conditions. Please discuss with your surgeon.

CAN ANY DOCTOR PERFORM THE ACCU-JOINT™ PROCEDURE?

No, only surgeons trained on the Accu-Joint™ should perform the surgery.

IS THE ACCU-JOINT™ PROCEDURE COVERED BY INSURANCE?

The Accu-Joint™ is FDA approved and accepted by many insurance carriers including Medicare. As all insurances vary, please discuss with your surgeon.

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For additional information and demonstration videos visit accufixsurgical.com. If you have questions about the Accu-Joint™ system, please contact us at accufixsurgical.com/contact.